



KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

MAY 2021: A Newsletter of the CPNP Foundation
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CPNPF "LIGHTS UP" SOCIAL MEDIA DURING CPNP 2021 AND MENTAL HEALTH AWARENESS MONTH

Hundreds of people flocked to social media to share their messages urging optimal care for those living with mental illness. These messages helped the Foundation in [Shining Light on Mental Illness](#). Thousands of cumulative likes, shares, and comments show that they made a difference! Thank you to everyone who shared a message or used their lightbox to share these important phrases.

Thank you also to everyone who contributed to the CPNP Foundation. Your contributions help us continue to offer public campaigns like these.



TRIVIA AND FACILITATION WORKSHOP SUPPORTED BY CPNP FOUNDATION

Trivia Nights at CPNP 2021

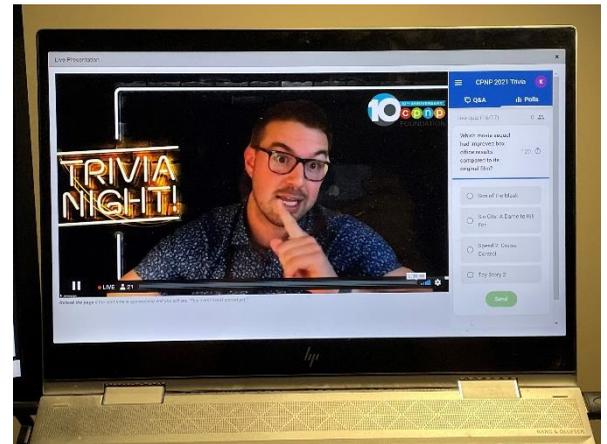
Four nights of evening trivia rounded out full days of learning during CPNP 2021. Trivia Emcee John from St. Louis, Missouri took players through themed questions each night around the following categories:

- Monday: General Knowledge
- Tuesday: Television and Film
- Wednesday: Math, Science, Geography, History
- Thursday: Sports, Celebrities, and Music

It was a race for time during the quiz-style trivia that offered 4 multiple choice options per question. The quickest, correct responses landed players on top of the leaderboard. A total of 53 players battled it out with a few teams returning for multiple nights. A few of the most creative team names included:

- On Wisconsin
- Ur Mom
- PFFs (Pharmacy Friends Forever)
- Guys and Hal-dols
- Tyrannosaurus Rx

Thanks to everyone that played trivia!



Supporting Leadership Training on Effective, Goal-Oriented Facilitation

The CPNP Foundation sponsored 20 participants in a 5-session facilitation workshop that spanned 10 weeks. This workshop provided hands-on training in established techniques to plan and facilitate effective virtual, goal-oriented meetings. The learned skills can be applied to peer discussions, office planning meetings, project review meetings, and other important professional and personal meetings.

The workshop was rated extremely well by participants such that repeat offerings will be considered! Here is a sampling of the feedback:



- Great learning experience. I'm soaking it up and sharing with others.
- I really appreciated the opportunity to share what I had put together, see others' work, and receive feedback from the group.
- Another excellent session that provided me new tools to try out during the daily debrief sessions.
- I sincerely hope CPNP continues to offer this in the future! I think it will be highly valued as an experience. I would encourage this for all committee leaders and community leader to help them lead more productive and engaging meetings and programs.
- My supervisor has asked me to share highlights with other pharmacy managers! Thanks so much for the opportunity to participate in this experience. I'll definitely be recommending this to others if it is offered in the future.

GRANT-FUNDED POSTERS AND THE CPNP FOUNDATION STRATEGIC GOALS AWARD

The CPNP Foundation provided *Defining the Future* research grants to five researchers in 2020. All five grant recipients had abstracts accepted for the CPNP 2021 Annual Meeting and presented their posters during live poster sessions. Enjoy reviewing the researchers' posters, and congratulations to all!



- Madilyn Eberle, Pharmacy Student, Purdue University College of Pharmacy: "[Assessing the Need for Gender Diverse Education Amongst Practicing Community Pharmacists](#) "
- Zach Krauss, Pharmacy Student, Cedarville University School of Pharmacy: "[Analyzing the Effect Art Therapy Interventions and Wellness Programs Have on Graduate Pharmacy Students' Mental Health](#) "
- Anthony Reeves, PharmD, Pharmacotherapy Fellow, Larkin University, College of Pharmacy: "[Psychiatric Drug-nutrient Interactions of Vitamin D: A Retrospective Study](#) "
- Aaron Salwan, PharmD, MPH, PGY2 Psychiatric Pharmacy Resident, Rutgers, the State University of New Jersey Monmouth Medical Center: "[Perceptions and Efficacy of Brexanolone for the Treatment of Postpartum Depression: A Mixed Methods Analysis](#) "
- Andreea Temelie, PharmD, PGY2 Psychiatric Pharmacy Resident, UPMC Western Psychiatric Hospital: "[Deprescribing in Older Adults during Inpatient Psychiatric Hospitalization: Impact of Pharmacist Intervention and Interprofessional Collaboration](#) "

Each year, the CPNP Foundation also presents the CPNP Foundation Strategic Goals Award, selected by the Awards and Abstracts Council based on live-presented platform presentations. Congratulations to this year's award winner, **Rajkumar J. Sevak, PhD, RPh**, Assistant Professor, University of the Pacific, TJ Long School of Pharmacy & Health Sciences, Stockton, CA, whose research was titled: [Impact of a Neuropsychiatric Therapeutics Course and a Subsequent Case-Based Course on Mental Health](#).

TWO GRANT OPPORTUNITIES WITH RAPIDLY APPROACHING JUNE 1 AND AUGUST 31 DEADLINES

Two [grant opportunities](#) are now available from the CPNP Foundation, including *Defining the Future Research Grants* directed toward students, residents, fellows, and student chapters, and a brand new grant offering exclusively for student chapters called *Student Chapter Impact Grants*.

Student Chapter Impact Grants (New!)

Award: Up to \$6000 to be awarded annually

Open to: CPNP Student Chapters

Deadline: June 1, 2021

About: [Student Chapter Impact Grants](#) provide a great opportunity for student chapters to receive funding for their projects and activities that showcase the value of psychiatric pharmacists at the local level. Projects should meet one or more of the following goals:

- Impact patient care
- Address mental health disparities
- Create awareness of psychiatric pharmacists and their value and contributions as members of the interprofessional treatment team

- Expand interest in psychiatric pharmacy as a career
- Reduce the stigma related to mental health and substance use disorders

[Learn More](#)

Defining the Future Research Grants

Award: Up to \$1500 per project

Open to: Students, Residents, Fellows, Student Chapters

Deadline: August 31, 2021

About: This grant program seeks to encourage doctor of pharmacy students and post-doctoral residents with an interest in psychiatric and neurologic disorders to investigate topics in line with the Foundation's mission and vision. Using a competitive selection process, the Foundation annually funds grants of up to \$1500 each. Applications are due annually by August 31 and announced by October 1. Recipients must submit their findings as a poster presentation at the CPNP Annual Meeting the following year.

[Learn More](#)

COVID-19 Care Research Grants

The CPNP Foundation recently awarded three *COVID-19 Care Grant* awards. The following projects were selected to receive grants (in alphabetical order):

Title: *Enhancing Psychiatric Care in the COVID Era through Pharmacy-Based Long-Acting Injectable Delivery*

Principal Investigator: Samantha Vogel, PharmD, BCPP, Clinical Assistant Professor, Behavioral Health Pharmacist, UT Austin College of Pharmacy

Grant Amount: \$5,000

Title: *Implementation of a Psychiatric Pharmacist driven Mental Health COVID-19 Continuation of Care Clinic*

Principal Investigator: Andrew Michael Williams, PharmD BCPP BCGP, Senior Clinical Pharmacist, Behavioral Health Pharmacies, Riverside University Health System

Grant Amount: \$3,000

Title: *Increasing Access to Psychiatric Care During a Global Pandemic through Clinical Pharmacist Practitioner Telehealth Services*

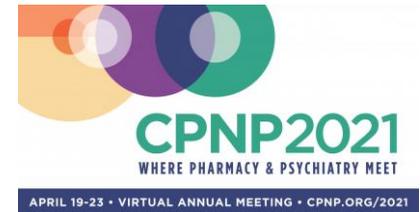
Principal Investigator: P. Brittany Vickery, PharmD, BCPS, BCPP, Associate Professor Wingate University School of Pharmacy, The Free Clinics

Grant Amount: \$3,700

COVID-19 Care Grants are the result of a generous gift from donor Joni Fowler, PharmD, BCPP. The goal of the grant program is to fund research that will help define the future of psychiatric pharmacy practice and improve the care of patients with psychiatric and neurologic disorders during or as a result of the COVID-19 pandemic. Grant recipients will present their findings during the 2022 College of Psychiatric and Neurologic Pharmacists (CPNP) Annual Meeting that will take place April 24-27, 2022 in San Antonio, Texas.

STUDENT GRANT RECIPIENTS SAY THANK YOU

The CPNP Foundation awarded 25 full registration grants for pharmacy students to attend the 2021 CPNP Annual Meeting based on the merits of their applications. Students are now saying thank you! Enjoy the messages below.



"My name is Zach Krauss, and I'm a second-year student pharmacist at Cedarville University in Ohio. I wanted to reach out and thank you so much for your donation and support for the student grant program through CPNP this year. I was awarded a grant this year to attend CPNP 2021 this year, and I'm so grateful for this chance! I'll actually be presenting some student research at the conference and having the conference be made affordable will help greatly, especially with the added financial stress that comes with the ongoing pandemic.

Again, thank you so much for your support and for your willingness to help. I can't wait to learn more about psychiatric pharmacy and behavioral health through the conference as I move forward with those fields as a potential area of interest of mine."

Zach Krauss
PharmD Candidate 2022
Cedarville University

"My name is Stephen, and I want to personally thank you for your donation and support for the student grant program last year. With the financial support that you and other donors provided, I have been awarded a student registration grant supporting my attendance at CPNP 2021. I am grateful for the contribution you are making toward my future and the future of the psychiatric pharmacy profession through this great educational opportunity."

Stephen Parker
PharmD Candidate 2021
Samford University

"My name is Stephanie Kenney, and I am a rising PY4 at the UNC Eshelman School of Pharmacy. I would like to personally thank you for the financial support you provided for the CPNP student grant program last year. As a result of your generosity, I was awarded a student registration grant to support my attendance at the CPNP 2021 Annual Meeting. I am so grateful I was able to attend this conference to enrich my educational and professional development in the field of psychiatric pharmacy, and I look forward to sharing what I learned with my CPNP student chapter."

Stephanie Kenney
PharmD Candidate 2022
University of North Carolina

"My name is Nathan, and I wanted to thank you for your donation and support for the CPNP student grant program. Thanks to your contribution along with that of other donors, I was able to secure one of the student registration grants, which will cover the cost of my registration at the 2021 CPNP annual meeting. I am incredibly excited to attend this year's meeting and know it will be an excellent learning and experiential opportunity, especially as I enter my P4 year in school. It is my hope that this will be one of the first of many milestones along my path to a career in psychiatric pharmacy and I am very grateful for your support in this. Thank you again!"

Nathan Weller
PharmD Candidate 2022
Butler University

CELEBRATING 10 YEARS OF SERVING PSYCHIATRIC PHARMACY!

A group of CPNP members called the Founding Circle supported the launch of the CPNP Foundation in 2011 which means this year, 2021, the Foundation is celebrating its 10th anniversary! The Foundation is proud to announce the launch of its 10th Anniversary logo.



Stay tuned for more anniversary-related activities throughout the rest of 2021. The Foundation Board of Directors is so appreciative of our donors' support for the past 10 years, and we're excited to expand our reach and efforts over the next decade.