



KALEIDOSCOPE

Envisioning a world in which individuals with psychiatric and neurologic disorders receive optimal treatment, live free of stigma, and achieve their full potential

JANUARY 2020: A Newsletter of the CPNP Foundation

Vol 7, Issue 1

TABLE OF CONTENTS

President's Letter: Setting the Course for 2020	1
Show That You Care at CPNP 2020.....	2
Foundation to Support Two Sessions at CPNP 2020.....	3
Defining the Future Recipients To Present Posters at CPNP 2020.....	3
Defining the Future Grant Outcomes: Mental Health First Aid in Texas	5
Student Registration and Travel Grant Recipients Announced....	5
Donors Help the CPNP Foundation Reach 2019 Goal...	6

PRESIDENT'S LETTER: SETTING THE COURSE FOR 2020

J. Michael McGuire, PharmD, BCPP

As I sit writing this CPNP Foundation Newsletter, I am in a surgery waiting room watching a surprise snow in middle Tennessee while my wife is in surgery. I am here as a caregiver rather than as a health care professional. I can't help but think of the health care professionals who are caring for my wife. It reminds me of the importance of the work we all do for those that we care for, many of whom have no family to act as caregivers. I think about the Foundation and our commitment to support our specialty as we care for our patients.



*J. Michael McGuire,
CPNP Foundation
President*

As we enter 2020, the CPNP Foundation is conducting strategic planning in concert with the CPNP Board of Directors. We are working to align the Foundation's activities with those of CPNP. We began this process in 2019 and will continue our work through 2020. Our goal is to set a plan that will carry the Foundation into the future.

While we plan for the future, we continue the many activities the Foundation has become well-know for. Thanks to our generous donors, we are excited that we have increased the number of student travel grants for the Annual Meeting from 20 to 25. We continue to fund the Defining the Future research grants which will be presented at the 2020 Annual Meeting.

The Foundation is excited about the "Why Care?" campaign at the Annual Meeting. The Foundation is coordinating the assembly of toiletry kits for The Bridge, a multi-service organization that offers basic needs services along with access to physical and behavioral health care for the homeless in the Dallas area. You can participate by donating money or items for the kits, writing encouraging notes and helping to assemble kits at the Annual Meeting. More information on the "Why Care?" campaign can be found at <https://cpnp.org/ed/meeting/2020/whycare>. I would also encourage you to purchase a t-shirt when you register for the Annual Meeting.

The Foundation is so grateful to you, our supporters, for your continued generosity. If you have any suggestions or recommendations on the future initiatives of the Foundation, please feel free to contact any board member.



SHOW THAT YOU CARE AT CPNP 2020

Care has the power to make a life-changing impact on those affected by mental health conditions. Through our own words and actions, we can shift the social and systemic barriers that prevent people from building better lives. At CPNP 2020, the CPNP Foundation wants all attendees to *show* how #cpnpcares.

Spread the Word

Care has the power to make a life-changing impact on those affected by mental health conditions. Through our own words and actions, we can shift the social and systemic barriers that prevent people from building better lives. At CPNP 2020, the CPNP Foundation wants all attendees to show how #CPNPcares.



Help the Dallas Homeless

The CPNP Foundation is coordinating the assembly of toiletry kits for The Bridge, a multi-service organization that offers basic needs services along with access to physical and behavioral health care for the homeless. You can make an impact by donating items or money for this initiative as well as joining us on-site for kit assembly!

Donate Items

Purchase items from our [Amazon Wishlist](#) to be included in the toiletry kits (by April 1).

OR

Bring items with you to Dallas! Needed items include: small sizes of shampoo, conditioner, deodorant, toothbrushes (individually wrapped) and toothpaste.

Donate Money

Our goal is to assemble as many kits as possible! From now until April 1, you can donate money online and designate your donation for the toiletry kits benefitting Dallas homeless. Please add "CPNP 2020 Kits" to the order comments to ensure that the funds are allocated to this project.



Show How You Care

"Why Care?" t-shirts are available to all CPNP 2020 meeting attendees who donate \$25 or more. Reserve your size through the [CPNP 2020 registration portal](#) by March 26, 2020. T-shirt sizes requested after March 26 cannot be guaranteed and will be available on a first-come, first-serve basis. Half of all donations will be allocated to the CPNP Foundation to cover t-shirt costs, and the other half will be matched by CPNP and donated to the National Alliance on Mental Illness (NAMI).

FOUNDATION TO SUPPORT TWO SESSIONS AT CPNP 2020

The CPNP Foundation is pleased to be supporting two sessions at the upcoming CPNP 2020 Annual Meeting in Dallas, Texas:

- **Monday, April 27, 8:30 AM:**
Full Recovery from Schizophrenia and Homelessness (Patient Perspective)
Bethany Yeiser, BS
- **Tuesday, April 28, 10:00 AM:**
Violence and Mental Health
Jeffrey Swanson, PhD

Patient perspective sessions continue to be popular at CPNP annual meetings with the most recent session taking place in 2017 when Mr. Kevin Hines shared his story of celebration and hope following his unlikely survival after jumping off the Golden Gate Bridge. We are pleased that Ms. Bethany Yeiser will have a chance to share her story on the first full day of CPNP 2020.

Dr. Jeffrey Swanson will take the stage on Tuesday, April 28 and provide an update on the landscape of violence and mental health. Dr. Swanson returns to the CPNP Annual Meeting following his 2014 presentation which attendees described as "Excellent, timely, engaging, and interesting."

Additional information and registration for CPNP 2020 can be found at cpnp.org/2020.



DEFINING THE FUTURE RECIPIENTS TO PRESENT POSTERS AT CPNP 2020



Congratulations to all four of our *Defining the Future* grant recipients who have had abstracts accepted for the CPNP 2020 Annual Meeting! The four researchers will present their posters at a scientific poster sessions on Monday, April 27 or Tuesday, April 28. A special congratulations to Grace Marielle Singson who is an award finalist for the CPNP Foundation Strategic Goals Award! You can attend Grace's platform presentation on Monday, April 27 at 3:00 PM in Cumberland J of the Hyatt Regency Dallas.

Josiah Allen, Pharmacy Student, University of Minnesota College of Pharmacy: "Determining Core Elements of Patient Pharmacogenomic Literacy"

Pharmacogenomic (PGx) testing is increasingly entering psychiatric practice, buoyed by interest from patients and providers alike.

Meanwhile, patients' knowledge of pharmacogenetic concepts remains a barrier to implementation. Disease risk genomics research indicates that individuals with greater genomic literacy are better equipped to make informed decisions about whether to obtain genetic testing, understand results, and take appropriate action. While researchers have created survey instruments to evaluate disease risk genomic literacy, no validated pharmacogenomic literacy assessments currently exist. We intend to create a psychometrically validated knowledge assessment that may be used to evaluate patient understanding of core PGx concepts prior to undergoing testing or return of results. This work in progress describes the first steps in this process: understanding patients' experience with pharmacogenomics as identified via literature review and patient focus groups.

Nam Le, Pharmacy Student, Wingate University Levine College of Health Sciences: "Comparing Student Pharmacist and Pharmacist Perceived Role in Depression Screening and Suicide Prevention"

To determine student pharmacist and pharmacist perceived role in depression screenings and suicide prevention using the Theory of Planned Behavior (TPB). Specifically, the study will identify the perceived role of the community pharmacist in mental health screenings and compare student pharmacist perceptions to identify similarities or discrepancies. Previously, 79% of first-year student pharmacists at the study institution reported that it was a professional responsibility to assess a patient's mental health while only 12% of licensed pharmacists viewed this as a professional responsibility. This study will elucidate a better understanding of this discrepancy and enable the researchers to develop an appropriate response.

Jessica Liszka, PharmD, PGY2 Psychiatric Pharmacy Resident, W. G. (Bill) Hefner VA Medical Center: "Implementation of Video Telehealth Clinical Pharmacy Services in a Mental Health Intensive Case Management (MHICM) Program at a VA Health Care System (VAHCS)"

Mental Health Intensive Case Management (MHICM) teams provide care to Veterans who are appropriate to receive services in the outpatient setting but have severe mental illness (SMI), significant functional impairment, and high inpatient psychiatric resource use. The interdisciplinary MHICM program at this VA Health Care System (VAHCS) does not currently include clinical pharmacy services. Evidence supports the positive impact of pharmacist services, including comprehensive medication management (CMM), on patient outcomes by optimizing pharmacotherapy and decreasing adverse effects. In addition, the utilization of telehealth services in the community and the VA has increased patient access and improved health care outcomes. This project aims to combine the above interventions, incorporating clinical pharmacy services via video telehealth into the MHICM program at this VAHCS, and evaluate the outcomes on medication management of patients enrolled in the program.

Grace Marielle Singson, Pharmacy Student, University of Southern California School of Pharmacy: "Assessing Mental Health and LGBTQ+ Care Knowledge of USC School of Pharmacy Students"

Lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals continue to demonstrate health disparities despite an increase in visibility in recent years. This study assessed the perception and knowledge of pharmacy students on providing care for LGBTQ+ patients and mental health.

DEFINING THE FUTURE GRANT OUTCOMES: MENTAL HEALTH FIRST AID IN TEXAS

We were pleased to receive an update from an advisor of a former Defining the Future grant recipient!

Dr. Stephen R. Saklad, PharmD, BCPP, Director of the Psychiatric Pharmacy Program and Clinical Professor at The University of Texas at Austin, reported that beginning Fall 2020, all first year pharmacy students will be trained in Mental Health First Aid (MHFA) as a required component of the PharmD curriculum. This is the result of Dr. Saklad's work with the UT pharmacy students over the past 18 months, part of which was helped by receiving the CPNP Foundation Defining the Future grant for work focused on pharmacist-screening for depression. In addition to the fall MHFA training sessions, the depression screening goes live in January for all people that walk into the on-campus Forth Acres Pharmacy.



It is wonderful to see these positive outcomes that resulted from the Defining the Future grant program!

STUDENT REGISTRATION AND TRAVEL GRANT RECIPIENTS ANNOUNCED

Thanks to the generous support of the [CPNP Foundation](#), [CPNP Past Presidents' Destiny Fund](#), and [CPNP members](#), twenty five (25) students are receiving complimentary registrations and partial travel support to be used toward their attendance at CPNP 2020. These twenty five students were selected by the CPNP Student Committee based on the merits of their applications as evaluated through a rigorous peer review process.



"These students represent the future of psychiatric pharmacy," says CPNP Foundation President J. Michael McGuire, PharmD, BCPP. "The [CPNP Foundation](#) is proud to support these student grants that provide access to the education and networking opportunities available at the CPNP Annual Meeting."

CPNP Foundation supporters are encouraged to continue [donating](#) to this important grant program. To ensure the donation is designated for this purpose, please add "student grants" in the order comment. Congratulations to the twenty five grant recipients who will be attending CPNP 2020 in Dallas, Texas:

- Dana Abraham, The University of Pittsburgh
- Josiah Allen University of Minnesota
- Chelsey Axelrod, Nova Southeastern University
- Elena Beauregard, University of Rhode Island
- Nisha Bhavsar, Rutgers University
- Ashley Buige, University of North Carolina at Chapel Hill
- Emily Casey, Rutgers University
- Victoria Dadebo, Duquesne University
- Dante Delerme, Duquesne University

- Ryan Ferris, Oregon State University
- Ashley Franco, Regis University
- Ashley Kang, University of North Carolina at Chapel Hill
- Fatima Khan, Purdue University
- Bethany Kummer, University of Colorado
- Lindsey Loera, University of Texas at Austin
- Uyen Luong, Shenandoah University
- Colin Maehler, University of Colorado
- Rebecca Maloney, East Tennessee State University
- Sarah Oh, Rutgers University
- Priscilla Park, Oregon State University
- Britney Satow, California Northstate University
- Yunjung Shin, Rutgers University
- Lauren Snader, The University of Pittsburgh
- Wendy Sun, University of North Carolina at Chapel Hill
- Lusi Zhang, University of Minnesota

DONORS HELP THE CPNP FOUNDATION REACH 2019 GOAL

With the help of 267 donors, the CPNP Foundation collected \$51,333 in 2019, surpassing our \$40,000 goal! Thank you to everyone who contributed over the past year.

All donations are put to great use supporting the Foundation's core initiatives, including student scholarships to attend the CPNP annual meeting and *Defining the Future* research grants.

Thank you again to everyone who helped us monetarily and to those who helped us spread the word of our #BeThe1To campaign in 2019. Your support is very much appreciated, and we encourage you to continue to support the CPNP Foundation in 2020 and beyond.



Abrams, John D
Adamczyk, Raechel
Alafri, Antonia
Alastanos, Jennifer N
Alipour, Azita
Allison, Kristen
Anderson, Keith D.
Ansara, Elayne D.
Backe, Kristen E
Bailey, LaGenia
Baker, Joni Faith
Ballew, Angel L.
Banning, Dallas

Bauer, Rachel L
Bean, Jennifer
Beckman, Ashley
Beizer, Judith L
Belton, Reeka
Benner, Sarah L
Berei, Jessica
Binns, Lindsey N
Bogart, Gregory T
Boggie, Danielle
Borovicka, Mary C.
Botts, Sheila R.
Bowles, Toya

Boyle, Julia S
Brahm, Nancy C
Bular, Jessica
Burghart, Steven M
Byrne, Erin L
Caley, Charles F.
Campbell, Austin R
Cardoni, Alex A.
Carr, Chelsea N
Cassel, Shellie
Cates, Marshall E.
Chavez, Benjamin
Chen, Jack J.

Chen, Pinhui
Chiniwalla, Arpita
Cobb, Carla D.
Cole, Miranda L
Cope, April A
Crouse, Ericka L.
Crow, Sharon M
Cullen, Marissa
Curtis, Judy L.
Cusimano, Joseph M
Daghistani, Noor
Delahanty, Mariah B
Denio, David P
Digatono, Amie Jo
DiPaula, Bethany
Dirvonas, Caitlin
Donations, Facebook
Dopheide, Julie A.
Dorson, Peter G.
Douglass, Amber R
Drogemuller, Lisa H.
Dugan, Sara E.
Dutton, Traci M.
Eapen, Neena
Ehret, Megan J.
Eichel, Elizabeth A
Ellingrod, Vicki L.
Ellis, Marcus
Fabian, Tanya
Fahmy, Monica
Fankhauser, Martha P.
Farkas, Christine E.
Fear, Gregory L
Ferris, Ryan E
Finley, Patrick
Flaig, James J
Fowler, Joan B
Franson, Kari L.
Fuller, Matthew A.
Gable, Kelly N.
Gagnon, Kara R
Gardner, Kristen N
Gasper, James J.
Geier, Michelle L
Gillies, Leigh
Givone, Donna M.
Goldstone, Lisa W
Gonzalez, Misty L
Gordon, Tiffany L
Goyal, Shelly
Grady, Sarah E.
Grothe, Dale R.
Gummersheimer, Adam D
Gutierrez, Cindy A.
Haight, Robert J.
Halfen, Michael
Hall, Catherine S.
Hamby, Kerri
Hamill, Mary Lou
Hansen, Karen P.
Hawley, Joanne M.
Hendricks, Stephanie
Ho, Jessica L
Hoeft, Dawn M
Holcomb, Kesoma
Holland, Joshua
House, Naomi A.
Hunsucker, Ashley
Iny, Lillian
Jackson, Cherry W.
Jenkins, Meagan D
Johnson & Johnson
Johnson, Allen
Johnson, Eric
Johnson, Stephanie
Kasper, William
Kelly, Deanna L.
Kengue Moukeke, Marlyse
Kennedy, Lindsey
Kicklighter, Jackson
Kirkwood, Cynthia K.
Kissack, Julie C.
Kleinhesselink, Kalee M
Knox, Erin D.
Koch, Jessa M
Lacro, Jonathan P.
Lai, Phillip
Lakey, Susan L.
Laskey, Corey S
Le, Giang
Le, Leanna
Lee, Kelly C.
Leistico, Sara
Lembke, Melissa
Levin, Gary M.
Lister, Jonathan F
Liszka, Jessica A
Lizer, Mitsi H.
Logan, Linda D
Lombardi, Audrianna
Lott, Rex S.
Love, Raymond C
Madu, Chinwe U
Makela, Gene H.
Markovic, Marija
Mathys, Monica
Matthews, Ryan
McGuire, Michael
McKee, Jerry R.
McNamara, Lucy
McNutt, Sera E
Mehvar, Mina
Melton, Sarah T.
Mican, Lisa M.
Michaels, Mika S
Mitchell, Melissa
Moeller, Karen E.
Morstad, Anne E.
Mulhollan, Jessica L
Murray, Miranda
Naglich, Andrew C
Nagy, Kristen
Najarian, Dean M.
Namdar, Rocsanna
Nassar, Nader
Nazarian, Pargol
Nelson, Brett H
Nelson, Leigh Anne
Nemire, Ruth E
Network for Good
Neuburger, Emily N
Nguyen, Mai
Norberte, Cherrisse
Norman, Sarah
Ott, Carol A.

Ouranos, Haleh
Owen, Amanda
Pabis, Dennis J.
Pals, Haley
Parikh, Mamta A
Park, Susie H.
Patel, Seema
Paxos, Chris
Pearlmutter, Charles
Perdue, Jonathan
Peters, Jake R
Peterson, Angie
Peterson, Megan E
Pham, Huy M
Phan, Stephanie V.
Potter, Sarah
Preinitz, Jennifer
Price, Cristofer M
Price, Paul L.
Putney, Jessica M
Rabon, Hannah E
Radtke, Michelle L
Rey, Jose A.
Richard, Michelle
Richards, Ann L.
Roerig, James L.
Roestenburg, Sadie
Ross, Clint A
Rowe-Varone, Linda J.
Saklad, Stephen R
Sandahl, Joseph
Sarashinsky, Megan M.
Scarpa, Jose
Schimenti, Brenda K
Schlesinger, Erica B
Schneiderhan, Mark E.
Shangraw, Ann M
Shults, Jana
Siegel, Nathan
Silvia, Richard J
Silvola, Rebecca
Sinclair, Paige
Singer, Brandy A.
Smith, Tawny L.
Sommi, Roger W.

Sparks-Dallas, Lavonda J
Springborn, Paul W.
Stauffer, Ginny L.
Steavenson, Rosana
Stephenson, Ann E
Stimmel, Glen L.
Stolz, Patrick A
Stoner, Steven C.
Straley, Craig
Stutzman, Danielle L
St-Yves, Jean
Sykuta, Alyssa
Tallian, Kimberly B
Tangu, Keumboh
Taracido, Michelle A.
Tewksbury, Ashley T
Thedford, Sheryl
Thibodeau, Britni
Thibodeaux, Cassie A.
Thomas, Christopher
Thompson, Susan C
Thornton, Randall L
Tillery, Erika E.
Trott, Jayme
Uhlyar, Stepan
VandenBerg, Amy M.
Vernon, Martienne D
Vertrees, Julia E.
Wackernah, Robin C
Waguespack, Taylor
Walters, J.Ken
Ward, Edith
Watanabe, Mark D.
Wehring, Heidi J.
Wells, Barbara G.
Werremeyer, Amy
Wilkinson, Patricia A.
Williams, Andrew M
Williams, Kelly E
Winistoerfer, Niccole M
Winterswyk, Andrea
Wong, Kara R
Wright, Clinton W.
Wright, Sharnetria J
Zhen, Teresa

Zolezzi, Monica
Zoucha, Allysa M
Zwack, Andrew