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*Extending the reach of psychiatric pharmacists*

**FOUNDATION YEAR NUMBER TWO....**



Since the 2012 CPNP Annual Meeting in Tampa, the CPNP Foundation has continued to work hard towards achieving our project goals and in extending the reach of psychiatric pharmacists. Under the leadership of Glen Stimmel, the consumer survey regarding characterizing interactions with community pharmacy (see page 2) has been drafted, edited and completed. As this is being written, the survey just closed on the NAMI website netting 1,000 responses. By the time this newsletter is mailed, data collection and analysis will be in progress. Announcements of our findings are planned for the end of November or beginning of December. This project promises to live on with follow-up projects aimed at addressing the survey results.

As the integration of primary care and behavioral health care evolves, having an MTM/CMM pharmacist knowledgeable and skilled in the treatments of both chronic psychiatric and medical illnesses will be key. CPNPF's Summit project involves the planning for a future invitational meeting which seeks to create a strategic plan that can inform development of a process for psychiatric pharmacists to achieve integration into the patient centered medical home. Given its scope, this project travels on a road that is much longer than the road that the survey has travelled.

In order for the CPNPF to successfully convene an invitational meeting of this importance, substantial efforts are being dedicated to reaching out and forming solid working relationships with key individuals both within pharmacy and outside of pharmacy. The Summit workgroup has been meeting routinely via conference call, engaging in discussions and making contacts that will allow us to successfully carry out the first phase of the process that will lead us to developing a strategic plan. In January 2013, we are planning a one day, in-person meeting intended to educate specific members of the CPNPF and CPNP Boards of Directors about the future dynamics of pharmacy practice within the context of new care delivery models. Concurrent to this we are creating a list of connections we think can make meaningful contributions when invited to our Summit meeting that we hope to convene in 2013.

Finally, with this newsletter, the CPNP Foundation is announcing the start of its Lifetime Giving Campaign. During the Founding Circle Campaign, this Foundation benefitted from the generosity of many CPNP members, as well as CPNP as an organization. However, in order for a Foundation such as ours to be successful and to grow so that we can have an impact on the issues we all feel most strongly about, we need to establish a culture of sustained or lifetime giving. This campaign will recognize the founding circle and ongoing donations to CPNPF on a cumulative basis.

We ask that you include CPNPF in your year-end donations using the donation form on the final page of this newsletter or by visiting us online at cpnpfoundation.org. As well, we ask that you look forward to 2013 and beyond and include CPNPF in your charitable donation plans in the years ahead.

On behalf of the CPNPF Board of Directors, best wishes for a wonderful holiday season!

**Charles Caley, PharmD, BCPP**  
*CPNP Foundation President*

# CPNP FOUNDATION TURNS ITS ATTENTION TO PROJECT IMPLEMENTATION

By Carla Cobb, PharmD, BCPP and Glen Stimmel, PharmD, BCPP

The College of Psychiatric and Neurologic Pharmacists Foundation (CPNPF) is now in its second year of working to promote state-of-the-art and essential treatments for people affected by psychiatric and neurologic illness. With the backing and support of its donors, CPNPF has divided into two major projects.

## Psychiatric Pharmacy Practice Summit: Ensuring Access to Comprehensive Medication Management



Carla Cobb  
Project Lead

The aim of this "Summit" is to develop a strategic plan to extend our reach. We want to ensure that people living with mental illnesses have access to comprehensive medication management with pharmacists as part of their patient care team.

Achieving this goal involves outreach to key stakeholders which has required many hours of meetings and conference calls. As primary project leads, Charlie Caley and I have reached out to numerous individuals, organizations, and businesses with the goal to identify allies who also seek to improve the outcomes of individuals living with mental illness. Identifying key stakeholders outside of pharmacy who share this goal and are in a position to affect change within their own discipline have been primary targets for outreach and communication. This outreach recognizes that we need the input of other members of the healthcare team including consumers, physicians, psychologists, nurses, as well as employers, payers, and legislators.

Understanding their perspectives on how psychiatric pharmacists can best integrate into the consumer care team is essential for advancing our efforts. Psychiatric pharmacists are already experts at helping individuals meet their medication-related goals but must now position ourselves so that without us, it feels like the team is missing its goalie; meaning the game just can't be played without us.

Visit the CPNP Foundation web pages at [cpnpfoundation.org](http://cpnpfoundation.org) to donate to CPNPF's signature products

## Characterizing the Interface Between Community Pharmacists and Consumers Taking Psychiatric Medications



Glen Stimmel  
Project Lead

The CPNP Foundation's tagline, "Extending the reach of psychiatric pharmacists" recognizes that there are only a few thousand psychiatric pharmacists while there are millions of persons living with mental illness taking medication for psychiatric disorders. This CPNPF signature project seeks to find ways to link psychiatric pharmacists with community pharmacists and improve community

pharmacist contributions to consumer care.

The first step of this project has involved a partnership with NAMI to develop a survey of their client members and family members to assess their experiences with their pharmacists and obtain suggestions of how that interface could be improved. NAMI was successful in securing funding from Walgreens Foundation to conduct the survey, meaning there will not be a financial cost to CPNP Foundation for phase 1 of this project. Charlie Caley Nathaniel Rickles (Northeastern University), and I worked closely with senior NAMI leaders in creating the survey. The survey was hosted on the NAMI website, just closing on November 5. One thousand surveys were completed.

Phase 2 of this project will involve analysis of the survey results along with development of strategies to address any issues of concern. Our overarching goal is to identify ways to connect psychiatric pharmacists with community pharmacists to enhance the care for persons living with mental illness. Outcomes may include creation of specific educational materials and/or programming for both community pharmacists and consumers to improve the interface between the community pharmacists and for persons living with mental illness who take medication for psychiatric disorders.

## CPNP FOUNDATION DONORS

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## CPNPF BOARD OF DIRECTORS ANNOUNCEMENTS

CPNPF wishes to give a big thank you to **C. Lindsay DeVane**, PharmD, BCPP, FCCP of Charleston, SC, and Julie Dopheide, PharmD, BCPP of Los Angeles, CA, who have concluded their term on the inaugural CPNP Foundation Board of Directors. Their service in launching CPNPF will have a lasting impact on the future of the Foundation and its ability to serve.

CPNPF welcomes **Martha (Martie) Fankhauser**, MSPHarm, BCPP, FASHP, as a new member of the CPNPF Board. Martie is engaged in private consulting and recently retired from the University of Arizona as a Clinical Professor.

## CPNPF 2011/2012 FINANCIAL REPORT

The Foundation continues to use donations very efficiently and effectively. The Founding Circle Campaign which began in 2011 and concluded May 31, 2012 provided CPNPF with \$107,000 in donations from nearly 100 donors and from the College of Psychiatric and Neurologic Pharmacists (CPNP). Expenditures for 2011 and 2012 (year to date) have been maintained at under \$35,000 thanks to the cost-effective management by the Foundation Board and the generous contribution of staff and office resources by CPNP. The 2011 CPNP Foundation tax return can be seen online at [cpnpfoundation.org](http://cpnpfoundation.org) (under news).



# FOUNDATION

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## *My Legacy of Lifetime Giving* CPNPF DONATION AND PLEDGE FORM

I would like to create my legacy of lifetime giving to the CPNP Foundation and facilitate the mission to promote state-of-the-art and essential treatments for people affected by psychiatric and neurologic illness. Remember, only donations received by December 31, 2012 will be deductible during the 2012 tax year, so make your donations now to prepare for your 2012 tax filings.\*

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